

9-4 Career Education/Employment Support

1. Overview of the Career Design Program

The Career Design Program courses at TUAT are designed to nurture female leaders who can achieve practical results in the social arena.

The Career Design Program courses at TUAT have been offered for some time to nurture female leaders who can achieve practical results in the workplace. The qualities that enable practical results in social settings are generally referred to as competencies.

Competencies are the qualities that lead to practical results in a social setting. University study has some connection to society and is necessary to achieve results. Therefore, competencies are

Competencies, therefore, are not something that can be developed only in the Career Design Program courses. For this reason, the entire university is now developing competencies.

Therefore, the entire university is now responsible for fostering competencies.

Career Design Program courses are designed not only to develop competencies, but also to provide students with the knowledge and skills necessary to become socially and professionally independent after graduation.

The Career Design Program is a group of courses that focus on acquiring and deepening the knowledge and skills necessary for social and professional independence after university graduation, in addition to developing competency. In this program, we focus on the skills necessary for women leaders who will be active on the global stage, i.e., career path selection and career development.

These courses are designed to cultivate the skills necessary for women leaders who are active globally, namely, knowledge about career choices and careers, the ability to think deeply about and solve problems in the real world, and leadership skills.

These courses consist of “Core Courses” (Table 1) and “Related Courses” (Table 2).

2. Core Subjects

The Core Courses are introductory courses that allow students to imagine what they will do after graduation. Students acquire skills by listening to various stories from actual workers, thinking about work and life events, and confronting social issues,

The purpose of this course is to help students gain skills and a better outlook on the future by listening to real workers, thinking about work and life events, and facing social issues.

The course aims to provide students with the skills and knowledge to think about work, life outside of work, balancing work and life events, child rearing, and the social and organizational structures, including the law, that support these issues, through lectures and talks.

The program is designed to help participants think and gain knowledge about work, life outside of work, balancing work and child rearing, and the laws and other social and organizational structures that support them. In addition, students are required to take problem-solving courses (PBL), in which group work is the main focus, on themes such as problem solving and product development at companies and other organizations.

There are also practical courses such as Problem-Based Learning (PBL) and internship programs.

■ Career Design Program (Core Courses)

Course name	No. of units	Competency area and purpose of the course
Introductory Seminar: The History and Mission of Ochanomizu University	2	Gain an awareness of future careers and establish the direction of university learning, through role-model lectures by alumni and other activities.
Introduction to Competency Development	2	The goal of the program is to provide students with a basic knowledge of competencies.
Interdisciplinary Lectures (Haikara-san)	2	Break out of your shell, cross boundaries, and expand circles where you can talk joyfully.
Development Subjects aimed at Haikara-san 1	2	Break out of your shell, cross boundaries, and expand circles where you can talk joyfully.
Interdisciplinary Lectures (Avanade)	2	Gain skills in problem identification and smartphone app development.
Interdisciplinary Lectures (Entrepreneur)	1	Learn how to use social media to drive social change.
Interdisciplinary Lectures (Accenture)	2	What will it feel like to work in the real world!?
Language in the World 12 (Liberal Arts)	2	Tools for Evidence-Based Decision Making: Gaining Access to Statistics
Exercise in Competency Development (Seminar of Liberal Arts)	2	Experiencing Competency Development
Personal Branding	2	Understand the Significance of Personal Branding in Career Development
Facilitation	2	Set Goals and Action Plans for Student Life Toward Your Desired Future Career and Life
Woman's Career and Economy	2	Learn from the Careers of Diverse Guest Speakers
Career Plan	2	What Is a Career? Reflecting on Your Present and Future in a Changing Society
ICT (Information and Communication Technology) and Communication Skill	2	Learn Presentation Skills and Improve Communication Abilities
Collaborative with Other universities Learning	1	Expanding Perspectives and Options Through Dialogue with Others
Women's career and law in Japan	2	Gain Legal Knowledge Necessary for Women's Career Development
Theory of Diversity	2	Diversity" Is Not Simple: How Does Academia Respond?
Career Plan and Career Choice	2	Discover, Nurture, and Envision the Future You Want to Be
Internship I	1	Make the Most of Internships for Your Career
Internship II	2	Reflect on Yourself Through Collaboration with Others and Connect It to Your Future
Practicum for Global Leadership I	2	Develop Your Own Leadership
Practicum for Global Leadership II	2	Apply Your Leadership Learning in Overseas Training

■ **Career Design Program (Related Courses)**

Bilateral activities	Autonomous activities	Cooperative activities
Programming Language –Colors and Sounds by Computers– Business English I/II English Presentation I/II Seminar 1: Geographical Information System Introduction to the Japanese Language I/II Chinese Communication Skills Chinese Composition 1/2 Research Methods in Sociology I/II Language Education in Globalizing World 1 (1) (2) Foundation seminar of Chinese Composition Application seminar of Chinese Composition Research Methods in Sociology Globalization and Language Education I Experimental Data Analysis Introduction to Comparative Culture Theory	Experimental Data Analysis Introduction to Macroeconomics Interdisciplinary Lectures Information Processing (1) (2) Current English I/II Introduction to NPO Social Security Geographical Fieldwork B Chinese Area Studies Advanced Lectures in Adult and Community Education Money and Banking in Social Life Introduction to Economics International Finance Advanced Lectures in Adult and Continuing Education II	NPO Internship Approaches to Area Studies Information and Profession Practice in Somatometry I/II Psychotherapy for Industrial Settings Design Thinking and Logic Models Geographical Fieldwork B Special Practice on Developmental Clinical Psychology I/II English Reading (Developmental and Clinical Psychology)

* See the “Web Syllabus” for details regarding course content. Some courses are not offered every year.

* This program has been designed in accordance with the key competencies framework proposed by the Organization for Economic Co-operation and Development (OECD)