

9-4 Career Education/Employment Support

The development of the power of execution and employability to enable our students to play an active role in society is a significant focus of education at Ochanomizu University. Establishing a foundation for putting learned knowledge and skills into action in society and utilizing strengths to their fullest is also an important theme in the education we provide.

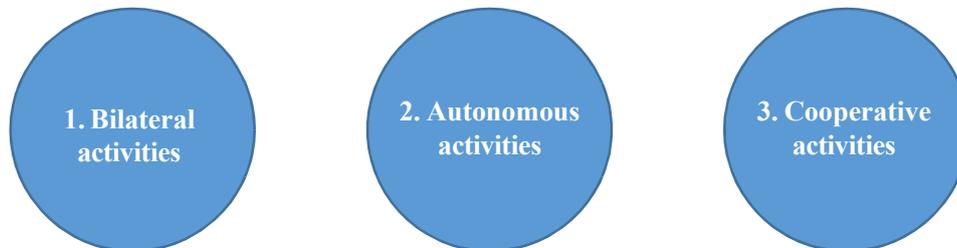
What is provided by the “Career Design Program” and other facets of the University's career/employment support is the ability required by a female leader to enable her to change society. This becomes the employability that will enable her to find a job that suits her, and the great power to face everything that life throws at her. We foster the ability to objectively examine oneself and create a vision for the future, the autonomy to take the initiative to engage in classwork, and the problem-solving skills needed by leaders, and develop a foundation for female leaders who will become a driving force in the society of the future.

Development of Competencies for Female Leaders

The group of Career Design Program courses consists of core courses and related courses. In addition to courses that are directly related to career design, core courses incorporate a large amount of project-based learning in which students address concrete problems raised in the real world, and serve as a “window” through which to view society. Related courses are courses selected from a variety of areas throughout the University, which have a deep connection to career development.

This program develops the three competencies (competency: the comprehensive ability to combine knowledge and skills to produce results) that are crucial for career design.

■ The 3 Competencies



1. Bilateral activities: Communication skills via language and ICT
2. Autonomous activities: The ability to set agendas and plan resolution measures for problems
3. Cooperative activities: Negotiation, coordination, and management skills

■ Career Design Program (Core Courses)

Course name	No. of units	Competency area and purpose of the course	
Introductory Seminar: The History and Mission of Ochanomizu University	2	Orient the employability skills to be developed in the programs.	
Introduction to Competency Development	2	Orient the employability skills to be developed in the programs.	
Exercise in Competency Development (Seminar of Liberal Arts)	2	Orient the employability skills to be developed in the programs.	
Personal Branding	2	Bilateral activities	Ability to use language, charts, and graphs
Language in the World 12 (Liberal Arts)	2		Ability to utilize knowledge and information
ICT (Information and Communication Technology) and Communication Skill (Foundation Course)	2		Cultivate the fundamental ability to express one's thoughts accurately, using ICT.
ICT (Information and Communication Technology) and Communication Skill (Application Course)	2		iPads are loaned to students, who use ICT tools to conduct planning and production.
Facilitation	2	Autonomous activities	Ability to act on the big picture (in English class)
Career Plan	2		Learn career theory and create a career plan, then consider what should be studied at the University.
Woman's Career and Economy	2		Learn about jobs, societal roles, and work experience from guest lecturers in management, finance, and public agencies
Collaborative with Other universities Learning	2	Cooperative activities	Understanding of self and others and relationship building skills
Theory of Diversity	2		Gain the knowledge and communication skills needed to play an active role in a cohesive society.
Internship I	1	Learn the purpose of internships and apply. After participating in an internship, set goals for future university life in light of that experience.	
Internship II	2	A joint industry-academia program aimed at first-year and second-year students. After selection by the University, the student is dispatched to a company for approximately two weeks to one month.	
Career Plan and Career Choice	2		Consider one's future track and way of living (career) through work and interaction with individuals from the corporate world.

■ Career Design Program (Related Courses)

Bilateral activities	Autonomous activities	Cooperative activities
Programming Language (Colors and Sounds by Computers) Business English I/II English Presentation I/II Seminar 1: Geographical Information System Introduction to the Japanese Language I/II Chinese Communication Skills Basic Chinese Composition Exercise Chinese Composition Application Exercise Research Methods in Sociology I Research Methods in Sociology II	Introduction to Macroeconomics (Economics II) Information Processing Current English I/II Introduction to NPO Social Security and Social Welfare Geographical Fieldwork Chinese Area Studies Money and Banking in Social Life International Finance	NPO Internship* Interdisciplinary Lectures: General Theory of Business Concepts Approaches to Area Studies Information and Profession Practice in Somatometry

Language Education in Globalizing World 1 Experimental Data Analysis Basic Seminar on Comparative Culture		
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- * See the “Web Syllabus” for details regarding course content. Some courses are not offered every year.
- * This program has been designed in accordance with the key competencies framework proposed by the Organization for Economic Co-operation and Development (OECD).